

LESSONS LEARNED: GROWING A SALAD



Growing Instructions:

Listed below are tips to make sure that you will be able to grow nice, ripe vegetables. Be sure to ask your parents for help when you transplant from your starter kit to an outdoor garden or a larger pot.

Lettuce:

Lettuce likes cool weather and lots of moisture. Transplant your plant outside when it is cool and in a shady spot. Water thoroughly and every day. Pick your lettuce as soon as it is big enough to use. You can pick the outer leaves and the inner leaves can stay and allowed to continue to grow.

Cherry Tomato:

Place your pot in a spot where they can get strong sunlight all day. If you don't have a good location for sunlight, then place a grow light or strong fluorescent light over the plants. The plants should be watered every day or every other day, just enough to keep the soil moist. If the soil feels moist, the plants should not be watered. When it's time to replant outside, make sure to find a nice sunny spot. Water once a day, but do not use a garden hose. Use a watering can so that you don't flood the plant. Just make sure that the roots stay moist.

Cucumber:

Water you plant once a day. And when it's past the frost season, then it should be ready to replant outside. Check with your parent to let you know when it's time to pick your cucumber.

Journal:

Start a gardening journal. Jot down things like, the date when you first notice a bud breaking through the soil or when the fruit first appears. Keep track of any differences in growth between each plant. Have your parent take pictures as it grows and when you finally pick it and are ready to make your salad.



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